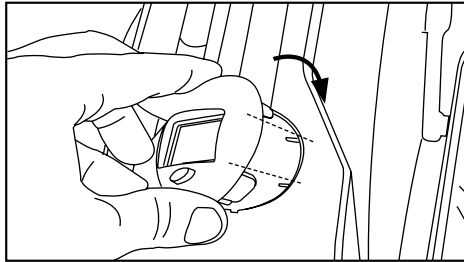




INSTRUCTION MANUAL



4) Close Electronic Monitor Cover by aligning the guides on the unit with the inside of the gap on the Monitor Cover bottom.



CARE AND MAINTENANCE

- Store the unit in a dry, cool and ventilated area.
- Do not store the unit in direct sun light.
- Do not store in humid areas such as bathrooms.
- Use a soft damp cloth to clean the surface of the unit. Mild detergent may be used to clean.

TROUBLESHOOTING

Please refer to below problems and solutions

Problem	Solution
Squeaky sound	Apply small amount of lubricant oil on the wheel
Monitor does not light up	Replace battery (LR44 1.5V)

Battery Disposal:

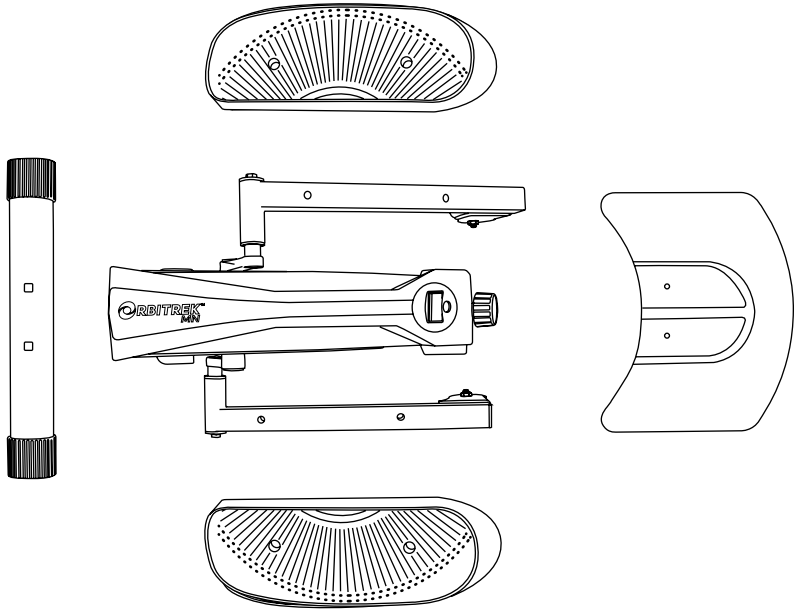


Batteries should not be considered as regular garbage. As consumer you are obliged to return finished batteries. The finished batteries can be returned to a collection base at your residential area or at places where batteries can be bought.

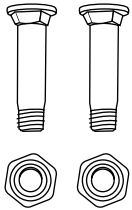
PRODUCT FEATURES



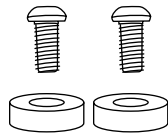
IDENTIFY YOUR HARDWARE AND TOOLS



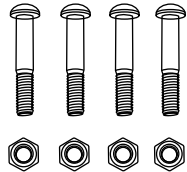
2 sets 10*42mm screws
and nuts for Foot Stand



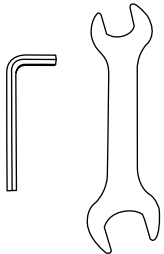
2 sets 8*16mm screws
with black washers for
Base Plate



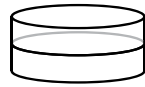
4 sets 8*45mm screws
and nuts for Pedals



5mm allen key, wrench
(one side 13mm, the
other side 17mm)

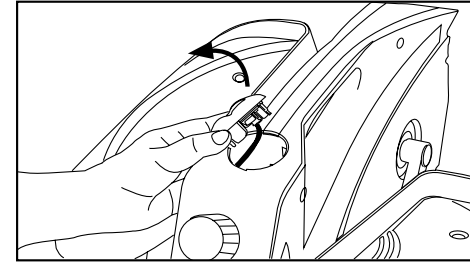


10g solid lubricant oil
with plastic case

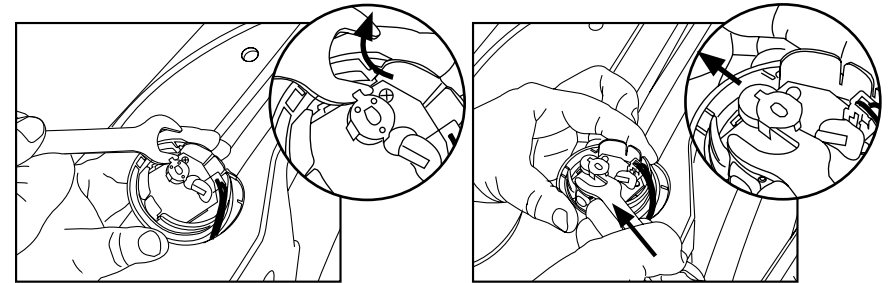


HOW TO REPLACE BATTERY

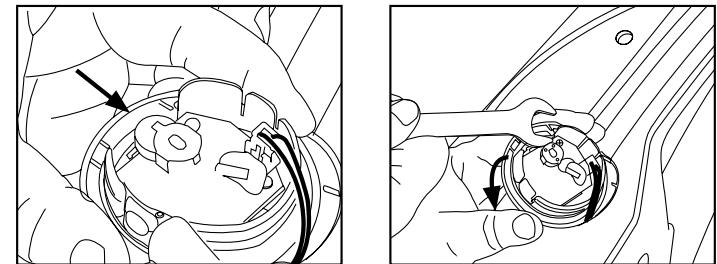
1) Open the Electronic Monitor Cover.



2) Use a small flat screwdriver (not provided) or the edge of the wrench to open (bend) the small locking clip on one side of the battery cover. Remove battery.



3) Replace with a new battery (1.5V LR44).
Bend down the small locking clip to secure the battery in place



ELECTRONIC MONITOR FUNCTIONS



- 1) SCAN
Press the Mode Key till the SCAN icon is flashing which means SCAN function is on.
The display will automatically show all the features.
- 2) TIME
Press the Mode Key until TIME icon is on. When you start pedaling, the monitor will display the length of time since beginning the session.
- 3) COUNT
Press the Mode Key until COUNT icon is on. As the exercise starts, the display will show cumulative number of strides.
- 4) DISTANCE
Press the Mode Key until DIST icon is on. Once the movement starts, the monitor will display the cumulative distance in meters.
- 5) CAL
Press the Mode Key until CAL icon is on. When the exercise starts, this device only estimates the number of calories burned and does not reflect the actual calories burned. Results will vary.

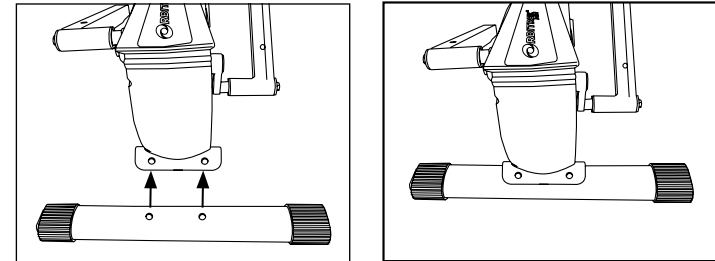
NOTE:

- If you cannot see the display data, open the monitor cover and replace the battery (1.5V LR44)
- The Monitor will turn off after 4~5 minutes if no data transferred.
- When you start exercise, please press the Mode Key. The monitor will turn automatic.
- When you stop exercise, all function will stop and the monitor will stop in 4 seconds.

ASSEMBLY INSTRUCTIONS

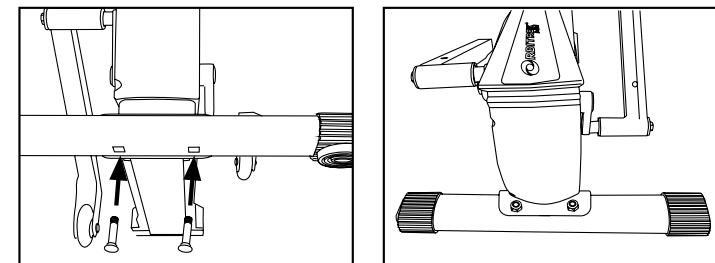
STEP 1

Attach Foot Stand to the rear of Main Body. Be sure the holes line up.



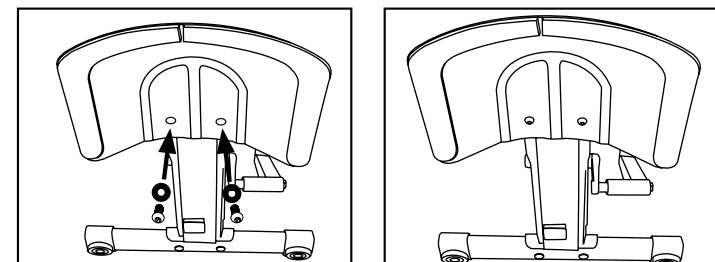
STEP 2

Take 2 pcs of screws (10*42mm) and pass them through the bottom of Foot Stand. Add nuts on the top, tighten the nuts using wrench provided.



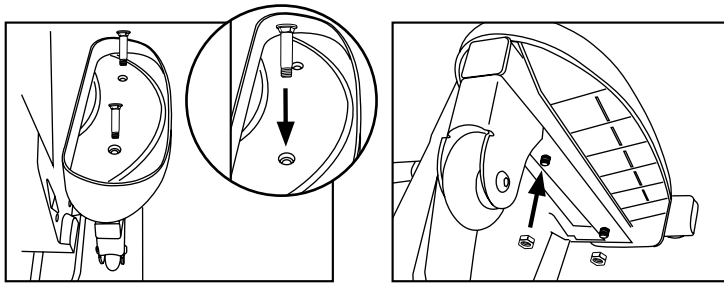
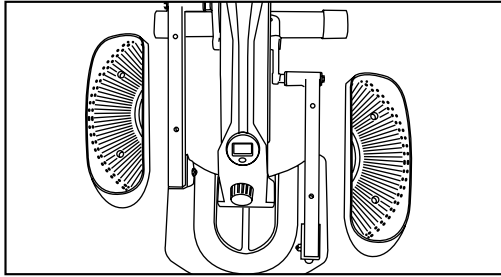
STEP 3

Turn the unit upside down, locate 2 pcs of screws (8*16mm) with black washers and attach Base Plate to the front bottom of Main Body. Insert screws and black washers through the holes. Tighten the screws and nuts using allen key (5mm) provided.



STEP 4

Affix left pedal to the left wheel and insert 2 pcs screws (8*45mm) through the holes. Add nuts on the back. Tighten the screws by holding the screw in place using allen key. Tighten nuts by the wrench provided.

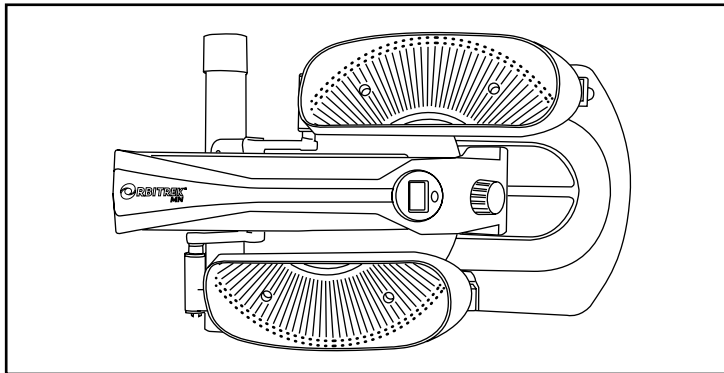


STEP 5

Repeat the same procedure for right pedal

STEP 6

Assembly is now complete



OPERATING INSTRUCTIONS

MAKE SURE YOUR FEET ARE PLACED IN THE RIGHT POSITION, AS BELOW:



- For comfortable pedaling while sitting, please be sure to sit in a way that your knees are angled at more than 90 degrees.
- The unit can be used to pedal both backwards and forwards.
- Use the Adjusting Knob to adjust the tension and workout intensity. Turn right toward symbol + to increase the intensity, turn left toward symbol - to decrease the intensity.
- Once you stop exercising, the monitor will turn off after 4 seconds.

 **THANE** Fitness™
Making Fitness Fun™

Thane Canada Inc.
Mississauga ON L4W 5M6, Canada
www.thane.ca

Thane USA, Inc.
PO BOX 35526, CANTON, OH 44735 U.S.A.
www.thane.com

Thane Direct UK Limited
Thanet House 231-232 Strand,
London WC2R 1DA
www.thane.tv

Danoz Direct Pty Ltd.
Bondi Junction, NSW, 2022, Australia
www.danoz.com.au

OPERADORA AINO A SAPI DE CV
Av. Magnocentro No. 5 Piso 1 Centro Urbano Interlomas,
Municipio Huixquilucan de Degollado, Estado de México.
C.P: 52760
www.mejorcompratv.com

TVNS Scandinavia AB
SE-211 74 Malmö, Sweden
www.tvins.com

© 2021 Thane IP Limited.

"Thane", "Orbitrek™ MN" and related logos and variations are trademarks or registered trademarks, in Canada and/or other countries, of Thane IP Limited and/or its affiliated companies.

MADE IN CHINA

Orbitrek MN MNL ENG RO 210304